



we INSPIRE

SPONSORED EVENTS AT YOUR COMMUNITY GROUP

Getting group members involved to complete challenges is a great way to raise funds. We've pulled together a selection of ideas to get you thinking.

Running or cycling

Estimate £500 - £1,000

Set a course distance and ask as many people as possible to take part in a sponsored run or cycle. Encourage families and groups of friends to enter together or form a relay team to share the distance.

Abseil/Skydive

Estimate £300 - £2,000

If you have any daredevils in your midst then a high-adrenalin activity like an abseil or skydive is a popular way to encourage sponsors to dip into their pockets.

Swimming

Estimate £400 - £1,000

Challenge individuals or teams to swim a particular distance. You could organise a relay or a fancy dress dip in your local pool, or if you're by the sea why not get as many people as you can to take the plunge in the middle of winter.

Hiking or walking

Estimate £500 - £1,000

This is a similar event to arrange but at a slower pace. Choose a scenic route and allow walkers to bring their dogs along too.

Knit-a-thon

Estimate £40 - £120

Hold a nimble-fingered knit-a-thon and see how many stitches you can knit for charity. You could make teddies, scarves, blankets or jumpers or knit squares and make a larger throw to display or sell afterwards. Get sponsored per stitch or per item completed in an allotted time.

Poverty challenge

Estimate £200 - £1,000

Challenge yourselves to live below the poverty line for a set period of time. How long could you live with just £1 a day to spend on food?



This group made rafts and raced to raise funds



Alison aged 87 (known as Granny Bin) successfully flew on the countries longest and fastest zip wire!



Here's Lauren preparing for her 24-mile swim in 24 hours. On the hour, every hour for 24 hours

Don't forget to share your event with us.

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